



NOVEMBER 2011



LHA

in the Crease

Coach's Corner

Tryouts...Ugh!

Considering this is my second year on the tryout committee, I have seen and learned a lot. As I mentioned in an earlier article, we made changes to this year's process to continue to make it better. On many levels, I believe we maintained and gained improvement. Again, we learned many things that we will work into next year's process to continue to improve it.

One thing I know we have right is the dedicated team of outside evaluators. I continue to be astounded at how concerned and detailed they are about every pinny number on the ice. They are extremely knowledgeable as to where these kids should be placed to continue to work on their development. You have to remember, they do not know these athletes. They have these tryout windows to evaluate what they are seeing on the ice. At the end of the day, as parents, we must put down our rose-colored glasses, trust and accept what they see and support our athletes with the outcome. Talking with coaches of the Bantam and PeeWee teams that have been formed, they feel that their teams are accurate and are happy with the outcome.

Remember

Hockey is a great sport, and your athlete is going to enjoy it at any level of play. Remember, there is time. Time to develop, grow and learn the game; these kids develop at different ages. Many times the best players at Squirts are not in the top 10 at Bantams or high school. A few years back, four athletes who had never made a B team

in association hockey made the cut at the high-school level and played for their squad. Many others have done it through the years. The high school coaches simply don't care what level they played at within the association. They are picking the best athletes that come into their program, so don't give up on this great game; support your athletes and have fun!

Keeping Great Coaches

What is the number one reason great coaches quit coaching? Parents! By far, unruly parents drive coaches out of the game. It is a shame, when you consider what they unselfishly bring to the rink night after night. We are experiencing the greatest shortage of coaches that I can remember, simply because they do not want to step up anymore and deal with the rhetoric and backstabbing. We made strides last year to get this under control, but at year's end I still heard some stories that are truly a shame. Much of this holds true for the folks in stripes as well. This trend has to stop! Your duty as parents is to support your athlete, your coach, your association and your community. Communicate with your coaching staff and understand their goals. Stay positive, have fun and remember this is youth sports; keep your perspective!

Make it a great year!

Regards,

Kevin Boland

Lakeville Hockey Association
Head Coach
952.288.4179

headcoach@lakevillehockey.org

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Pizza Ranch Tip Night Fundraiser — Dec. 5, 2011

As a new LHA fundraiser, we are participating in Lakeville's Pizza Ranch Tip Night on Monday, Dec. 5. LHA will receive 100% of the tips collected that evening. We'll post the exact times and a flyer on the website so watch for updates.

We'll need 10 to 15 players to work throughout the evening to open doors, refill beverages, deliver food, etc. Please contact Wendy Haroldson, fundraising director, at fundraisingdirector@lakevillehockey.org or 651.356.9498 if your son or daughter is interested in working on Pizza Ranch Tip Night.

Please help get the word out as LHA will also receive 10% of any revenue over a normal Monday evening average.



Like Us on Facebook

www.facebook.com/lakevillehockey

New Member on Board

Chad Kruger Tournament Director



Chad Kruger, LHA tournament director, has lived in Lakeville for the past 13 years with his wife Kristine and two children, Michael (first year Squirts) and Lauren. He has been involved with LHA for four years, coaching in the Mite program for three years. Kruger has worked at Wells Fargo Home Mortgage for 14 years.

You can find all board member contact information on the LHA website under the Board tab.



Date Night Play Bingo and Pull Tabs

The Lakeville Hockey Boosters is a state-licensed charitable gambling operation. Please patronize the following establishments to help support Lakeville Hockey. The LHA has an agreement with the City of Lakeville to use charitable gambling profits to retire long-term debt on the Lakeville Ames Arena.

Babe's Music Bar

20685 Holyoke Ave.
Lakeville, Minn.

Pull Tabs

Bingo: Wednesdays, 7 p.m.

Champions at Elko Speedway

26350 France Ave. S
Elko/New Market, Minn.

Pull Tabs

Closed during the winter, reopens during racing season

Harry's Cafe

20790 Keokuk Avenue
Lakeville, Minn.

Pull Tabs

Ole Piper Inn

16604 Cedar Ave.
Lakeville, Minn.

Pull Tabs

Bingo: Wednesdays, 6:30 p.m.
Saturdays, 1:30 p.m.

Red Fox Tavern

22815 Pillsbury Ave.
Lakeville, Minn.
(1 mile south of 70/I-35 McStop on east frontage road.)

Pull Tabs

Bingo: Thursdays, 6:30 p.m.

Contact: **Mark Olsen**, gambling manager, LHA, gambling@lakevillehockey.org, 952.484.3787



Penalties and Referee's Signals



Boarding: When a player is hit or tripped from behind and violently sent into the boards.



Charging: When a player takes more than 3 strides before checking a member of the opposit team.



Cross Checking: When a player delivers a check while both hands are on his stick and no part of the stick touches the ice.



Elbowing: When a player uses his elbow to hit an opponent.



High Sticking: A player holds or carries his stick above the shoulder of his opponent.



Holding: A player holds onto an opponent.



Hooking: Using the stick to restrain an opponent.



Interference: Imposed on a player who interferes with or impedes the progress of an opponent who is not in possession of the puck.



Roughing: Being unnecessarily rough, shoving or fighting.



Slashing: Swinging a stick at an opponent, whether contact is made or not.



Spearing: Stabbing an opponent with the point of the stick blade.



Tripping: Causing an opponent to fall by striking or pulling at him in such a manner the player losses their balance or falls to the ice.

Delay of Game: This is called when a player purposely delays the game by shooting the puck over the glass or knocking a goalpost out of its stand.

Obstruction: Assessed for holding, holding the opponent's stick, hooking, inference and tripping infractions which occur away from the puck carrier.

Content provided by the official rule book of the AHL.

10 Questions with...

Here's where we profile several LHA players.

This section was so popular last season, we are carrying it over again this year. You can complete the form online (see page 7) and submit along with a digital picture to Karen Mellott-Foshier, communications director, at communicationsdirector@lakevillehockey.org.

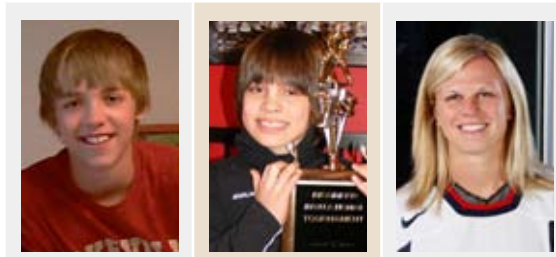


Player's Name	Zachary Fitzner	Logan Cooksy	Tyler Fitzner	Ryan Harrison
Position	All	Goalie/Defense	Forward	Defense
Hockey Level/Team	Mite	Squirt C, Black	Squirt North C Red	PeeWee C Red
Lakeville North or Lakeville South	Lakeville North	Lakeville North	Lakeville North	Lakeville North
Jersey Number	TBD	1	7	14
1. How did you choose your jersey number?	TBD	It was my number last year.	Because I like the number, and it is my baseball jersey # too!	Because that was my number is lacrosse last year.
2. Favorite subject in school:	Math	Science	Phy ed	Math
3. Favorite movie:	The Grinch Who Stole Christmas, Horton Hears a Who	Battle of LA	The Tooth Fairy	Miracle on Ice
4. What food could you eat two weeks straight and not get sick of it?	Corn Dogs	Pepperoni and sausage pizza	Steak	Pizza or sushi
5. Ask a friend to describe you in one word:	Mysterious	Funnykindsilly	Funny	Fun
6. What's your favorite TV show?	Sponge Bob	Fenious and Ferb	Pair of Kings	Sponge Bob
7. Last song you downloaded:	Dynamite	Crazy Train by Ozzy	Written in the Stars	Lifestyle
8. What's on your bucket list?	Travel back to Arizona	Play in the NHL	Meet some of my favorite players: Joe Mauer and Marion Gaborik	Scuba Diving
9. What's your favorite video game?	Wii Sports Resort	Don't really have one	NHL 12	Call of Duty Modern Warfare 2
10. What's your favorite sport to play other than hockey?	Soccer	Baseball and dryland ball hockey	Baseball	Lacrosse

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Player's Name	Owen Schuster	Sebastian Mendez	Natalie Darwitz
Position	Forward/Defense	Left Defense	Forward and currently LSHS Varsity Girls Hockey Coach
Hockey Level/Team	Bantam B2	Squirt C Red	U.S. Olympic Team, '02, '06, '10; Girls Varsity
Lakeville North or Lakeville South	Lakeville South	Lakeville North	Lakeville South
Jersey Number	15	13	20
1. How did you choose your jersey number?	Lost in a shoot-out	I always had that number, for anything, and it's the exact opposite of a number anyone else would want.	Mike Crowley was one of my favorite hockey players growing up; he wore #20
2. Favorite subject in school:	Gym	Math	Physical Education and Math
3. Favorite movie:	Dazed and Confused	Green Hornet	Young Blood
4. What food could you eat two weeks straight and not get sick of it?	Subway	Crab Legs	Pizza or Chili
5. Ask a friend to describe you in one word:	Special	Unique	Loyal
6. What's your favorite TV show?	South Park	Jay Leno	Modern Family, Flying Wild Alaska
7. Last song you downloaded:	Nightmare by Avenged Sevenfold	Black and Yellow	Lady Antebellum
8. What's on your bucket list?	Skydiving	Parachuting	Run a marathon
9. What's your favorite video game?	NHL 12	Modern Warfare 2; I haven't seen MW3 yet	No time to play
10. What's your favorite sport to play other than hockey?	Lacrosse	Lacrosse	Tennis



Tami Hobbs, LHA concessions stand manager, and son Alex, change a sign at the Ames arena.

Concessions Stand Reminders

- All net proceeds from the concessions flow back into LHA to help manage costs.
- When volunteering, please keep the stand clean.
- At the end of your shift, remember to restock all items, including the hot cocoa and cappuccino machines.
- When balancing deposit at end of your shift, place \$100 in small bills and change is placed into the start-up cash box.
- If you need extra change during your shift, make sure you "buy" the change (e.g., take \$10 out of the cash register and put in the green change bag for a roll of quarters).



- Your team concession commitment is separate from the LHA volunteer commitment; we'll soon post additional volunteer hours for the concession stand during the Lakeville-sponsored tournaments set for January and February.



Contact: **Tami Hobbs**, concessions manager,
concessionmanager@lakevillehockey.org

Got Pictures and Stories?

If you have any player images to supplement our photo database or stories to share on our website or future newsletters, please submit to Karen Mellott-Foshier, communications director, at communicationsdirector@lakevillehockey.org.





Player Profiles Needed

10 Questions with...

This section was so popular last season, we are carrying it over again this year. Once your players are selected for a team, ask them to answer the following 10 questions and send a digital picture to Karen Mellott-Foshier, communications director, at communicationsdirector@lakevillehockey.org.

Player's Name	
Position	
Hockey Level/Team	
Lakeville North or Lakeville South	
Jersey Number	
1. How did you choose your jersey number?	
2. Favorite subject in school:	
3. Favorite movie:	
4. What food could you eat two weeks straight and not get sick of it?	
5. Ask a friend to describe you in one word:	
6. What's your favorite TV show?	
7. Last song you downloaded:	
8. What's on your bucket list?	
9. What's your favorite video game?	
10. What's your favorite sport to play other than hockey?	



Recruit a team sponsor and receive
30% of the credit for your team.

LHA Sponsors

We have been busy obtaining sponsors for the upcoming season. Thanks to all of you who have helped us find new sponsors. We still need help to achieve sponsorship for all

our teams, so once again the LHA will offer a team credit to those who recruit sponsors. For each sponsor you or your team recruits, your child's team will receive 30% of the credit.

If you would like to find out more about the levels of sponsorship or have a company interested in becoming a sponsor, please visit the Sponsors page on the LHA website.

Contact: **Steve Papacek**, sponsorship director, 952.221.2049, sponsorshipdirector@lakevillehockey.org

Titanium Level Sponsor

Arnold Orthodontics
Cosmopolitan Orthodontics
Lakeville Orthodontics
Lunneborg Insurance Brokers
Rink Rat Hockey School
The Print Shop
Westwood Sports

Platinum Level Sponsors

Anchor Bank
Bradley Technologies
EmbroidMe
Forklift & Equipment Services, Inc.
Mobile-Link Wireless

Silver Level Sponsors

Advocare Nutritional Products
Airlake Automotive Repair
Comfort Inn Lakeville
Jonathan Zweber State Farm Insurance Agency
Total Hockey Minnesota
Uponor

Gold Level Sponsors

Allstate Insurance - Mark Brodin Agency
Crystal Lake Golf Course
Lakeville Athletics
Piper Jaffray
The Sports Source
Valley Chiropractic Associates

Bronze Level Sponsors

Blue Line Medical Services
Gillette Children's Specialty Healthcare



Mark Your Calendar

Check out our online LHA Calendar located on the right side of the LHA website.

Nov. 21: Ice Draft, 6 p.m.,
Legends Golf Club

Nov. 21: Jr. Gold Tryouts Begin;
see Tryout Schedules on website
for more details

Nov. 28-29: Mite Manager Meeting,
6:30 p.m., Ames Conference Room

Dec. 5: Pizza Ranch Tip Night
Fundraiser

Dec. 10: Coaching Modules
Deadline

Dec. 14: LHA Board Meeting,
7 p.m., Ames Conference Room:
Open to the public

Jan. 11: LHA Board Meeting,
7 p.m., Ames Conference Room:
Open to the public

Jan. 13-15: 2012 Lakeville Ignite
Tournament, U10B and U12A

Jan. 20-22: 2012 Lakeville Freeze
Tournament, PeeWee B2

Feb. 8: LHA Board Meeting,
7 p.m., Ames Conference Room:
Open to the public

Feb. 10-12: 2012 Lakeville Blast
Tournament, Bantam B2

March 14: LHA Board Meeting,
7 p.m., Ames Conference Room:
Open to the public

Contributors

Kevin Boland
Mark Brown
Wendy Haroldson
Tami Hobbs
Mark Olsen
Steve Papacek
Tonyea Patterson

Editor

Karen Mellott-Foshier

Designer

Doreen Nord



Team Photo Sessions

Watch for a new team photo date for Squirts, U8, U10, Mites and Mite Preps (previously Dec. 3). We'll also set up a make-up date for team photos for all other levels.