



SEPTEMBER 2011

LHA



in the Crease

Message from LHA President

Welcome to the 2011-2012 season of Lakeville hockey. The board of Lakeville hockey is very excited to get the season rolling. You are going to notice a few changes this year to the tryout process. Each year when a new board is elected, we generate new ideas. This is no different from any other year. One decision the board did make was to move our season up and get as many of our teams started prior to MEA weekend (Oct. 20-23). Last year, LHA started the Monday after MEA. It is the goal of LHA to get our season started sooner than later this year.

For tryouts this year, you will notice that the Bantam, PeeWee and U12 levels are spread out over a longer period this year. Because we are moving the start of hockey up, LHA didn't have full access to ice at Ames; but we will beginning Oct. 24.

The Hockey Development Committee spent many hours working with the arena, ice director and many other parties trying to fit these skating sessions into the calendar to avoid conflicts. Who wants to go to tryouts during the LNHS vs. LSHS football game? I know I don't. So we made

sure not to schedule tryouts during that time. Did we avoid all conflicts? No, that's impossible; but the hours were put it and the committee made every effort to schedule around other community activities and sport commitments.

We apologize upfront if this longer duration during tryouts causes stress. We were working hard to avoid conflicts, and select Bantam, PeeWee and U12 teams prior to MEA if possible. It's the goal of LHA to avoid scheduling ice time during that weekend. However, we did find it necessary to assign practice times for a few teams on that Sunday during MEA weekend (Oct. 23).

Beginning Monday, Oct. 24, LHA will have access to ice at Ames and Hasse, and tryouts and practices will begin in full force that day.

I welcome everyone back to another successful season of hockey.

Regards,

Mark Brown
Lakeville Hockey Association
President

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Tryout Checklist

See LHA website for tryout schedules for all levels. No tryouts for Mite Prep level.

- Turn in completed Consent to Treat form (available on the website under Documents).
- White jersey required for traveling team tryouts
- Players must wear LHA-issued hockey socks during tryouts. New Squirts and those new to LHA will get theirs at check-in.
- Sharpen skates.
- Bring your own water bottle.
- Check your equipment bag.
- Arrive 40 minutes before scheduled session.
- Dressed and ready to go 15 minutes before scheduled session.
- Read the injured/ill policy of the LHA handbook.
- For parents watching the tryouts, read and sign the Parent Code of Conduct policy (available at the rink).
- Ensure player gets adequate sleep, good nutrition and encouragement.



Board members scheduling ice time



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www.facebook.com/lakevillehockey



Coach's Corner

Dear LHA Members:

The Tryout Committee has been diligently working to better the tryout process with feedback we gained from last year's process, evaluators and coaches. Our goal is to provide our members and their athletes with a process that continues to improve. During this process, be sure to be positive and support your athletes and make it a positive experience for them. Please take the time to read the LHA members handbook, so you can be prepared for any situation that may arise. The handbook is a good guide to assist you during registration and tryouts as is the website.

I will be calling on our coaching candidates to help throughout the tryout process. Coaches, I will let you know when the sign-up sheet for tryouts will be available under the coaches tab in "Coaches Corner" to reserve a time slot.

We are continuing to work on some new, exciting things for our coaches. I have been appointed local association hockey director (formerly ACE coordinator). This function will provide me with access to tools that will help educate our coaches. I will be a local link to USA Hockey and the American Development Model (ADM). I will also be the district's first contact with new news and any changes within the district, Minnesota Hockey and USA Hockey.

In addition, we will be implementing coaching mentors from the staff of our high school programs. They will run our coaching seminars, along with guest speakers from time to time. They will also consult with our coaches in regards to effective

practices and game play. Our goal is to begin to have a common bond with our high schools. We want to begin to share the same culture, speak the same hockey language and build deep-rooted pride for our community. The goal is to enable our coaches to grow and give them the tools to run better practices, have more success in game situations and develop better athletes for our program on and off the ice.

I sent a note to all the coaching candidates a few weeks ago. Since then I have gathered better information to share regarding CEP Classes.

A couple of highlights are:

- All coaches regardless of what level 1-5 will be required to take an online training module that is age-specific. If you are coaching at more than one level, you will be required to do a module for each age level you are coaching.
- New coaches are required to take a Level 1 certification, plus the online age-specific module. This will enable a first-year coach to coach at a traveling level such as Bantams.
- Our registrar, Tonyea Patterson, will register all coaches with USA Hockey. Contact her at registrar@lakevillehockey.org for a background check form that must be completed, and then she will register you prior to joining a team. You will then receive a confirmation number from USA Hockey that you must use to complete the new coaches module.

- LHA will reimburse coaches for the USA Hockey Registration (\$40), the required age-specific modules (\$10 each) and the certification classes (\$65). All must be completed by Dec. 31, 2011. Submit receipts along with home mailing address to Barb Haeg, finance manager, preferably all at one time so she can issue one reimbursement check.



There are many more requirements that coaches must become familiar with. We have to stay on top of this, because for the first time if you are not properly certified by Dec. 31, 2011, you will be banned from coaching for the balance of the season! I have posted two documents that you must read and understand to help you to get a handle on the new process. They are posted under the Coaches Corner tab on the LHA website.

You can e-mail me anytime with questions. It has been a busy summer, and I am looking forward to a fun and rewarding LHA season!

Regards,

Kevin Boland
Lakeville Hockey Association
Head Coach
952.288.4179
headcoach@lakevillehockey.org

The 411 on LHA Family Volunteer Commitment

Fulfilling your four hours (minimum) of volunteer requirement is easy.

Opportunities include:

- Tryouts
- Association tournaments and jamborees
- Fundraising events
- Other events throughout the season

Details

- Four hours required per family during the hockey season, not per skater.
- Sign into the Volunteer site on our website by using the same phone number used when registering your skater(s). If you use a different phone number or e-mail, you will create an additional account and duplicate your required volunteer hours.
- Only time validated on the volunteer website counts toward

these hours. You must sign in on the volunteer sheet before your scheduled volunteer commitment to receive credit.

- **Reminder:** Concession shifts on the team your child plays is not part of the required hours per season/family. That is a team volunteer commitment.
- We will assess a \$125 fee if all hours are not completed by the end of the season (volunteer early as there are fewer volunteer opportunities later in the year).

- Mite Prep and Jr. Gold only families are not required to complete the four hours, but of course, it is strongly encouraged.

Exemptions

- All board members, only rostered and certified coaches (up to 4 per team), and team managers (up to 2 per team) are exempt from the required volunteer requirement.



Got Pictures and Stories?

If you have any player images to supplement our photo database or stories to share on our website or future newsletters, please submit to Karen Mellott-Foshier, communications director, at communicationsdirector@lakevillehockey.org.

New Members on Board

Here are a few of the newest faces on the LHA Board of Directors.

Mark Brandt Mite Prep Director



Mark Brandt, Mite Prep director, has lived in Lakeville for the past 10 years. With three children who have played in the LHA program, he served several years coaching Mite Prep through the U14 level. Brandt played hockey in high school and college. "I truly enjoy the game of hockey and the relationships formed from being involved with this game."

Wendy Haroldson Association Manager and Fundraising Director



Wendy Haroldson has lived in Minnesota her entire life. Growing up in Rochester, she moved to Lakeville in 1993. She has been involved with Lakeville hockey since her son, Tyler, started playing in 2004. Haroldson has been involved as the team manager during several seasons and has helped as a volunteer for tournaments and other events. Along with hockey, she and her partner, Missy, and Tyler enjoy lacrosse, football, traveling and spending time with family. Haroldson also enjoys crafts and is always looking for a new idea for hockey tournament door signs. She is excited to serve dual roles on the board as the association manager and the fundraising director and appreciates the opportunity to be involved.

Janelle Kahn Volunteer Coordinator



Janelle Kahn, volunteer coordinator, currently works at Best Buy Corporate as the manager for the University Relations Recruiting program. She has more than 15 years of event planning and program coordination experience in the recruiting and travel industries. Her oldest son started playing hockey two years ago and she and her husband and children have been fans of the sport ever since. "We love watching hockey, playing hockey on our rink in the yard in the winter and watching our two boys, 12 and 8, participate in LHA."

Marcus Ludtke Mite Director



Marcus Ludtke, director for the Mite program, has been a LHA member for three years, where he has coached at the Mite level and served as a level coordinator. His two sons currently play in the LHA program. Griffen is entering his final year of Mites and Tanner is starting his third year of Mites. Ludtke is employed at Commodity Marketing Company in Albert Lea, Minn.

Tim Poehling Vice President of Development



Tim Poehling, vice president of LHA Development, has lived in Lakeville for the past 10 years with his wife, Kris. Their children playing for LHA include two Bantams, one PeeWee and one Mite. Poehling played youth hockey at Bloomington Jefferson and high school hockey at Holy Angels. He also served as LHA's Mite director during the 2007-2009 seasons, and 10 years as a volunteer coach.

Chad Schumacher Equipment Director



Chad Schumacher, LHA equipment director, has lived in Lakeville for nearly 7 years. He has been very involved with LHA and is also trying to bring hockey opportunities to many players. Schumacher has coached in LHA his entire time in Lakeville for both the boy and girl programs. A level 3-certified USA hockey coach, he is slated to guide the South Squirt A team during the 2011-2012 season (contingent upon his player's team placement). He lives with his wife, Gina, daughter, Kennedy (12), son, Tucker (10), and son, Vinny (6). In addition to helping with LHA, he has also coached youth sports on and off for 25 years. This ranges from football, baseball, volleyball and golf. Schumacher is also very active with his community and is a founder and managing director of a local money management firm in Edina.

Additional new board members for 2011-12 season

- Mark Brown, President
- Brent Lothrop, Vice President of Administration
- Rob Gale, Secretary
- Jake Enebek, Player Development Coordinator
- Jim McGlade, Squirt Director
- Natalie Darwitz, LSHS Girls Varsity Head Coach
- Trent Eigner, LNHS Boys Varsity Head Coach

You can find all board member contact information on the LHA website under the Board tab.



Player Profiles Needed

10 Questions with...

This section was so popular last season, we are carrying it over again this year. Once your players are selected for a team, ask them to answer the following 10 questions and send a digital picture to Karen Mellott-Foshier, communications director, at communicationsdirector@lakevillehockey.org.

Player's Name	
Position	
Hockey Level/Team	
Lakeville North or Lakeville South	
Jersey Number	
1. How did you choose your jersey number?	
2. Favorite subject in school:	
3. Favorite movie:	
4. What food could you eat two weeks straight and not get sick of it?	
5. Ask a friend to describe you in one word:	
6. What's your favorite TV show?	
7. Last song you downloaded:	
8. What's on your bucket list?	
9. What's your favorite video game?	
10. What's your favorite sport to play other than hockey?	

Date Night

Play Bingo and Pull Tabs

The Lakeville Hockey Boosters is a state-licensed charitable gambling operation. Please patronize the following establishments to help support Lakeville Hockey. The LHA has an agreement with the City of Lakeville to use charitable gambling profits to retire long-term debt on the Lakeville Ames Arena.



Babe's Music Bar

20685 Holyoke Ave.
Lakeville, Minn.

Pull Tabs

Bingo: Wednesdays, 7 p.m.

Champions at Elko Speedway

26350 France Ave. S
Elko/New Market, Minn.

Pull Tabs

Closed during the winter,
reopens during racing season

Harry's Cafe

20790 Keokuk Avenue
Lakeville, Minn.

Pull Tabs

Ole Piper Inn

16604 Cedar Ave.
Lakeville, Minn.

Pull Tabs

Bingo: Wednesdays, 6:30 p.m.
Saturdays, 1:30 p.m.

Red Fox Tavern

22815 Pillsbury Ave.
Lakeville, Minn.

(1 mile south of 70/I-35 McStop
on east frontage road.)

Pull Tabs

Bingo: Thursdays, 6:30 p.m.

Contact: **Mark Olsen**, gambling
manager, LHA, gambling@lakevillehockey.org, 952.484.3787



Titanium Sponsors Offer Free Mouthguards

LHA's Titanium Level sponsors are offering free, custom mouthguards this season for players and coaches.



The American Dental Association has reported that thousands of injuries are prevented each year by mouthguards. However, wearing a mouthguard of any kind cannot prevent injuries from occurring. Our sponsors cannot be held responsible for any damage to teeth or jaws while wearing these mouthguards.

Thanks to Lakeville Orthodontics for providing free mouthguard impressions earlier this season. Watch for an announcement when they become available. Here are two other upcoming sessions.



Arnold Orthodontics

Oct. 15, 2011

Dr. Tom Arnold
10920 175th Court West, Lakeville,
Minn. (next to Dairy Queen)
952.892.5300

Red, Proform brand made with
strap attachments

No appointment necessary, but
try to come at the following times.

Mite Prep: 9 to 10 a.m.
Mites/U8: 9:30 to 11 a.m.
Squirts/U10: 11 a.m. to 12 p.m.
PeeWees/U12: 12 to 1 p.m.
Bantams/U14: 12 to 1 p.m.

Mouthguards will be given to the
player's coach or level director within
7 to 10 days for distribution to team
members. Additional or replacement
mouthguards available during the
season, but the charge is \$25.

Cosmopolitan Orthodontics

Available throughout the season

Dr. Trudy Bonvino
17757 Juniper Path
Lakeville, MN 55044
952.469.3333

Cosmopolitan Orthodontics, a LHA
Titanium sponsor, is offering free
mouthguards to players throughout
the 2010-2011 season. Simply call
and schedule a time for a custom
fitting Monday through Friday,
and bring in the coupon posted
on the LHA website.

Allow one week after the impression
appointment to receive your
mouthguard, so please keep this
in mind if you need one before
2011-2012 and a free water bottle,
evaluations or hockey season.

Last Call for Warm-ups

Final dates to get fitted and to order warm-ups for the upcoming LHA season is:

Sept. 24, 2011; 10 a.m. to 1 p.m.,
Ames Arena

Oct. 15, 2011; 9 a.m. to 12 p.m.,
Ames Arena

This year LHA members will wear Bauer-insulated jackets and standard warm-up pants. The insulated jackets should add some warmth for those cold winter games.

Although warm-ups are optional this year, they are highly recommended. Coaches interested in purchasing warm-ups should also attend one of the fittings. Payments are due at the time of fitting.

Costs

Jacket (Youth) - \$41.00

Jacket (Adult) - \$43.00

Pants (Youth) - \$23.75

Pants (Adult) - \$26.00

Embroidered name on sleeve or number on pants \$3.00 each.

Now comes with North or South patches.

Contact: **Chad Schumacher**,
equipment director, 612.396.7144,
equipment@lakevillehockey.org



Girls Hockey

U8/U10 Dryland Sessions

All U8/U10 girls are invited to participate in some free pre-tryout dryland sessions. Come out to get your hockey muscles moving before the winter season begins and have some fun with your friends in the process. Remaining sessions are Sept. 25 and Oct. 2, 4 to 6:30 p.m. at Dakota Heights Park. Please bring a helmet, gloves, stick and tennis shoes. If you have a friend who would like to try hockey, bring them along.

Contact: **Dan Riley**, U8-U10
director, U8U10director@lakevillehockey.org



LHA Sponsors

We have been busy obtaining sponsors for the upcoming season. Thanks to all of you who have helped us find new sponsors. We still need help to achieve sponsorship for all

our teams, so once again the LHA will offer a team credit to those who recruit sponsors. For each sponsor you or your team recruits, your child's team will receive 30% of the credit.

If you would like to find out more about the levels of sponsorship or have a company interested in becoming a sponsor, please visit the Sponsors page on the LHA website.

Contact: **Steve Papacek**, sponsorship director, 952.221.2049, sponsorshipdirector@lakevillehockey.org

Titanium Level Sponsor

Arnold Orthodontics
Cosmopolitan Orthodontics
Lakeville Orthodontics
Lunneborg Insurance Brokers
Rink Rat Hockey School
The Print Shop
Westwood Sports

Platinum Level Sponsors

Anchor Bank
Embroid Me
Mobile-Link Wireless

Gold Level Sponsors

Allstate Insurance - Mark Brodin Agency
Crystal Lake Golf Course
Lakeville Athletics
The Sports Source
Valley Chiropractic Associates

Silver Level Sponsors

Advocate Nutritional Products
Airlake Automotive Repair
Comfort Inn Lakeville
Jonathan Zweber State Farm Insurance Agency
Total Hockey Minnesota
Uponor

Bronze Level Sponsors

Blue Line Medical Services
Gillette Children's Specialty Healthcare



Mark Your Calendar

Check out our online LHA Calendar located on the right side of the LHA website.

Sept. 24: Warm-up Fitting, 10 a.m. to 1 p.m., Ames Arena (same style as last year's, but now offering North or South badges)

Sept. 25: U8/U10 Girls Dryland Clinic (free), 4:30 to 6 p.m., Dakota Heights Park

Sept. 27: Traveling Team Parents Meeting, 7 to 9 p.m., Kenwood MS Auditorium

Sept. 28: Bantam Goalies Tryouts, 6:45 and 8 p.m., Ames 2; see full schedule under Tryout Schedules tab on the website

Sept. 29 – Oct. 19: Bantam, PeeWee and U12 Tryouts; see full schedule under Tryout Schedules tab on LHA website

Oct. 2: U8/U10 Girls Dryland Clinic (free), 4:30 to 6 p.m., Dakota Heights Park

Oct. 6: PeeWee/U12 Goalie Tryouts, 6:45 and 8 p.m., Ames 2; see full schedule under Tryout Schedules tab on LHA website

Oct. 12: LHA Board Meeting, 7 p.m., Ames Conference Room; Open to the public

Oct. 15: Warm-up Fitting, 9 a.m. to 12 p.m., Ames Arena (same style as last year's, but now offering North or South badges)

Oct. 15: Free Mouthguard Impressions, Arnold Orthodontics, 9 a.m. to 1 p.m.

Oct. 24 – Oct. 30: Squirt/U10 Tryouts; see full schedule under Tryout Schedules tab on the website

Oct. 25: Squirt/U10 Goalies Tryouts, 6:45 p.m. and 8 p.m., Ames 2 (see full schedule under Tryout Schedules tab on the

website; more dates to be scheduled for these levels, but will all be scheduled after MEA)

Nov. 9: LHA Board Meeting, 7 p.m., Ames Conference Room; Open to the public

Dec. 14: LHA Board Meeting, 7 p.m., Ames Conference Room; Open to the public

Dec. 31: Deadline for Coaching Modules

Jan. 13-15, 2012: Lakeville Ignite Invitational (U10B and U12A), Lakeville, Minn.

Jan. 20-22, 2012: Lakeville Freeze Tournament (PeeWee B2), Lakeville, Minn.

Feb. 10-12, 2012: Lakeville Blast Tournament (Bantam B2), Lakeville, Minn.

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