



MARCH 2011



LHA in the Crease

Coach's Corner

Dear LHA Members,

It is hard to imagine that this season is over. Many of our teams finished the season with great success and many of them getting to the region finals and losing one game from advancing to state. As we reflect on our season, I believe the teams that concentrated heavily on developing hockey fundamentals demonstrated the most success. When asked, most upper-level coaches will tell you that skating is the most important aspect of the game. Here is a list of what upper-level scouts and coaches look for in a well-rounded hockey player.

- What is their skating ability?
- How do they move on the ice?
- Which kids know when to pass and receive the puck?
- Do they know how to get to the correct position on the ice?
- Do they know how to open up and when?
- Do they know when to make a play and do they have the ability to make a play?
- They look at general character and body language on the ice.
- They look at how you respond when down goals and playing from behind.
- Do they have the strength and ability to skate through the play?

All these bullet points require a good fundamental hockey base. If you can't skate without thinking about your feet or complete and receive a pass or shoot, it will limit many of these desired abilities. Therefore,

running a practice that consists of at least 20 minutes of solid hockey fundamentals will lead to success in the aforementioned skills. The more repetition of these skills, the more natural it comes to the athlete. If these fundamentals are ignored, you are robbing your athletes of their ability to succeed. Many coaches feel these fundamentals are learned in the off season and all they have to do is work on situational play and systems. While much development can take place during the off season, we simply can't ignore them during the season.

In the off-season be sure to provide your athlete with opportunities outside of hockey. A well-rounded athlete makes a great hockey player. On the same token, developmental clinics and the work they do at home with their legs, hands and shot is quite beneficial as well. The LHA is again offering their summer development programs run by John "Gus" Barger. They are extraordinary clinics, affordable and close to home.

Be sure to sign up soon!

Kevin Boland

Lakeville Hockey Association
Head Coach
952.288.4179

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Coach John Schmeling, Lakeville North Squirt C Black

Year-end Survey: Don't forget to share constructive feedback about our coaches and managers. Survey available on the LHA website.



Get on Board

Declare Candidacy by April 6
Election Meeting Set for April 13



Do you have skills, the passion and ideas to help shape the Lakeville Hockey Association? If so, consider becoming an LHA Board of Directors member.

This year's Board Election/Annual Meeting is set for **Wednesday, April 13, 2011, at 7 p.m.** at Kenwood Trail Middle School. Dave Rucki, LHA president, will provide a brief update on the status of LHA and Barb Haeg, LHA treasurer, will provide an overview of the financial status of LHA during the annual meeting. Immediately following, each of the candidates will be given an opportunity to speak to the members and then members will then vote. Please note that you must be present to cast your vote.

The following positions are open for the 2011 election.

- Secretary
- Treasurer
- Player Development Coordinator
- Vice President of Development
- Mite Prep Director
- Mite Director
- Equipment Director
- Squirt Director

You can find board member descriptions on the Board Elections page under the Board menu on the left side of the LHA home page.

If you are interested in running for one of these positions, please indicate which position and provide a brief summary statement that contains your full name, background, number of children in LHA, accomplishments, goals, and/or plans for the next two years. Please submit this information to Tony Canney at

vpadmin@lakevillehockey.org.
Your information will then be posted for our LHA members to review.

LHA members have until midnight April 6 to declare their candidacy. After April 6, any open positions are filled by appointment by the president and confirmed by the Board.

For more information, see the 2011 Board Elections ballot on the LHA website.

Contact: **Tony Canney**, vice president of Administration,
vpadmin@lakevillehockey.org
or 612.369.3261



Board election ballot

<http://www.lakevillehockey.org/Ballot11.html>

Fundraising Card Winners Announced

Nearly \$20,000 Raised

LHA offered families a special fundraising opportunity to offset some of their hockey fees – and gave players an opportunity to win cash prizes.

And the winners are:



1st: Drayven Mohr, Squirt C South, sold 76 cards.



2nd: Jayla Schultz, U10A North, sold 51 cards.



3rd: Grant Benson, Mite II Orange, sold 40 cards

Nearly \$20,000 was raised - \$19,625 to be exact. Even though the contest is over, we still have the \$25 fundraising discount cards available.

Contact: **Joni Canney**, tournament director, 952.469.5321, tournamentdirector@lakevillehockey.org

As a reminder, local merchants are offering a 50% discount on any bill up to \$50 with a \$25 discount maximum – no restrictions (e.g., if your bill is \$50, you'll receive a \$25 discount; if your bill is \$25, you'll receive a \$12.50 discount). Cards are valued up to \$350 in savings (14 x \$25).

Participating merchants include: Airlake Automotive, Babe's Sports Bar, Barger's Salon, Chart House, Costa Nostra, Fitness 19, Flora Etc., Green Mill, Green Planet Car Wash, Legend's Golf Course (golf only), Liv. Wellness, Ole Piper Inn, Planet Beach Tanning Salon, Total Hockey of Minnesota.

Mites, U8/U10s and Squirts Skate with the Panthers

Nearly 30 skaters, Mites, U8/U10s and Squirts, enjoyed skating with the LNHS Panthers on Feb. 21. An annual event, the young players scored on one of the state's best goalies, and learned to celebrate in style as true hockey players do. The event also included a tour of the locker room and a signed yearbook.



League Playoffs

Congratulations to all the LHA teams who advanced to Districts, Regionals and State.

Limited space does not allow us to post all the team successes.

For the most up-to-date results, go to <http://www.stickstats.com/district8/league/playoff/>.

Here is just one team example of the 2010-2011 season successes.

U12B Girls Black Team – The Little Engine That Could Finishes a Great Season

With a tournament crown at the 12-team Bloomington tournament, U12B Black closed out the regular season with an impressive list of accomplishments while compiling a record of 27-2-1. In the post season, the team earned a berth to the regional tournament in Waconia after a great showing of hockey at the District 8 Tournament.

District 8 – Regular Season: **1st Place**

District 8 – Tournament: **2nd Place**

Bloomington Tournament: **1st Place**

Breezy Point Tournament: **1st Place**

Hopkins Tournament: **1st Place**

Highland Park Tournament: **2nd Place**

The coaches and parents are very proud of the Little Engine That Could...

Sydney Brodin
Megan Buckingham
Haley Bulen
Emma Drangstveit
Danielle Eury
Jessica Fredericks
Abby Hatcher
Maddie Koepp
Stevie Lamberson
Soleille Miller
Mariah Ogden-Kellington
Lauren Parent
Payton Pearson
Kate Winiecki



LHA Mite/U8 Clinic Registration May 23- June 3

Lakeville Hockey Association (LHA) is offering an eight-day clinic for Mite/U8 Level I, II and III May 23 through June 3. This program will help players develop skating, stick-handling and passing skills. Mite/U8 Level I and II are scheduled together.

Led by John "Gus" Barger, LHA development administrator, the cost is \$125.

Location: Ames Arena

Dates: May 23 through June 3; Monday through Friday (except Memorial Day on May 30)

On-ice Times (one-hour sessions):

Mite/U8 Levels I and II: 5:30 p.m.;
Mite/U8 Level III: 6:45 p.m. (Register at the level your child will play during the 2011-2012 season, Level I and II are beginner, Level III is advanced.)

Capacity: 30 skaters per session

Cost: \$125 per player (Visa and MasterCard credit and debit cards accepted); Due to limited capacity, we will not offer refunds after May 16.

Registration Deadline:

Registration is open until spots are filled; register today as spots are limited.

Register and pay online at lakevillehockey.org.

Questions: **John Barger** at 952.240.6793 or hockeydevelopment@lakevillehockey.org.

2011 LHA Development Summer Program

Squirt, PeeWee, Bantam

The Lakeville Hockey Association is offering summer hockey development clinics for Squirts, PeeWees and Bantams. Designed and administered by LHA Hockey Development coordinator, John "Gus" Barger, the clinics will run for 6 weeks and meet 3 hours per week July 26-Sept. 1. Each player will receive 18 hours of on-ice training.

Registration is now open on the LHA website; space is limited to 31 skaters and 4 goalies at each level. Cost is \$350 and all program profits benefit the LHA in-season development fund.



Program Design

All on-ice sessions will include the following 15-minute segments.

Form Skating: technique, form and body position will be stressed

Position-specific Drills: forwards, defense and goalies will work on position drills in separate areas

Team Scheme: high-tempo passing, attack plays, 1-on-1, 2-on-1, stressing both offensive and defensive play

Small Games: games are designed to teach players to play and be effective in small areas

Additional Details

Location: Ames Arena

Dates: July 26 through Sept. 1 (6 weeks)

Days: Tuesday, Wednesday, Thursday

On-ice Times (one-hour sessions):
Register at the level your child will play during the 2011-2012 season.

Squirts: 1:30 p.m.

PeeWees: 2:45 p.m.

Bantams: 4 p.m.

Cost: \$350/player (Visa and MasterCard credit and debit cards accepted online); Due to limited capacity, we will not offer refunds after July 19.

Capacity: 31 skaters and 4 goalies per session

Coaches: John "Gus" Barger; Goalie Coach Jeff Casper as well as current and former Division 1 WCHA and USHL players and local Lakeville High School coaches have been invited to participate.

USA Hockey Registration:
All players must have their USA Hockey registration up-to-date. 2010-2011 USA Hockey registrations are valid until Aug. 31, 2011.

Summer Program Deadline:
Open until spots are filled; register today as spots are limited.

Instructor Information

John "Gus" Barger, Head Instructor

- 29 years as a head high school coach
- 8-time coach of the year
- 2-time state coach of the year
- 29 years of instructing hockey schools
- 14 years on Minnesota coaches association executive board
- 3 state all-star games

Jeff Casper, Goalie Coach

- Current LHA goalie player development coach
- 15 years coaching boys and girls high school hockey and several hockey associations Mites through Bantams
- 9 years as one of the directors for The Goalie Club, instructing and developing goalies Mites through college-level
- Goalie advisor for Shattuck St. Mary hockey program

Other coaches

Will include current and former Division 1 WCHA and USHL players who have been invited to assist with the program:

- Nick Osland (St. Cloud State)
- Chris Hepp (St. Cloud State)
- Tyler Lopic (Wisconsin)
- Seth Ambroz (U of M)
- Tyler Barnes (Wisconsin)

Local Lakeville High School coaches will assist as well:

- Steve Sabetti
- Buck Kochever
- Rick Schrek

Guest coaches will include **John Perpich**, a former NHL coach at both Washington Capitals and LA Kings, and now a current scout for the Atlanta Thrashers, and **Craig Sarner**, a former Olympian and professional player and coach, and now in charge of player development for Sioux Falls of the USHL.

Four coaches will be on the ice for all sessions.

Questions:

John Barger at
952.240.6793 or
hockeydevelopment@lakevillehockey.org

Register and pay online at
www.lakevillehockey.org

10 Questions with...

Here's a new feature where we will profile several LHA players. We had an overwhelming response to our request for this information. If we did not publish your child's profile, please look for it in a future issue.



Player's Name	Ryan Harrison	Tony Dahlberg	Kyle Dillie	Spencer Patterson
Hockey Level	PeeWee C	Bantam A	Bantam B2	PeeWee B2
Team	Lakeville North	Lakeville South	Lakeville North	Lakeville South
Position	Forward	Forward	Center	Defense
Jersey Number	9	5	6	8
1. Is there a special reason why you picked your jersey number? If so, why?	My dad: old-school hockey fan. Gordie Howe, Detroit Red Wings	No special reason.	Only one left	I like it.
2. Favorite subject in school:	Math	World History	Math	Geography
3. Favorite movie:	Avatar	Stepbrothers	Expendables	Avatar
4. What food could you eat two weeks straight and not get sick of it?	Pizza	Pizza	Venison	Chocolate chip pancakes
5. Ask a friend to describe you in one word:	Fun	Funny	Funny	Funny
6. Buffalo Wild Wings or Applebee's?	Buffalo Wild Wings	B dub	Wings	BWW
7. Last song you downloaded:	We are who we are	Money to Blow	2012	S&M
8. What's the color of your cell phone (if you have one)?	Black and blue	White	Black	Black
9. What's your favorite video game?	Need for Speed - Shift	NHL 11	Black Ops	Call of Duty
10. What's your favorite sport to play other than hockey?	Lacrosse	Golf	Football	Baseball

10 Questions with...

Here's a new feature where we will profile several LHA players. We had an overwhelming response to our request for this information. If we did not publish your child's profile, please look for it in a future issue.



Player's Name	Max McCarthy	Sam Foshier	Nick Gregg
Hockey Level	Squirt A	PeeWee B2	Squirt B
Team	Lakeville North	Lakeville South	Lakeville North
Position	Defense	Forward	Goalie
Jersey Number	17	12	30
1. Is there a special reason why you picked your jersey number? If so, why?	Was the last pick	I'm usually #11, but Jayson got it first.	Because I am a goalie
2. Favorite subject in school:	History	Literature	Math
3. Favorite movie:	Miracle on Ice	The Other Guys	Grownups
4. What food could you eat two weeks straight and not get sick of it?	Frozen Go-gurt	Pop-tarts	Pizza
5. Ask a friend to describe you in one word:	Humorous	Hilarious	Awesome
6. Buffalo Wild Wings or Applebee's?	BWW	BWW	Buffalo Wild Wings
7. Last song you downloaded:	Grenade	More	Bad Company
8. What's the color of your cell phone (if you have one)?	Black	Red	Blue
9. What's your favorite video game?	Angry Birds on iTouch	Call of Duty: Black Ops	Black Ops
10. What's your favorite sport to play other than hockey?	Golf	Lacrosse	Football



If you have suggestions for articles, news items or photos for In the Crease, please e-mail to Karen Mellott-Foshier at communicationsdirector@lakevillehockey.org. The Editorial staff reserves the right to edit all submissions to meet editorial criteria.

LHA Coaches Put Up a Good Fight, but Fall to NHL Alumni 8-4

Several LHA coaches took on the NHL Alumni team Jan. 29 at Hasse Arena to benefit Lakeville hockey. Word at the rink is that the alumni had to bring in a couple of ringers to defeat our coaches. The score was tied 4-4 after the second period during the fast-paced game, but the NHL alumni rallied to win 8-4.

"It was a very fun experience and I hope to get the opportunity to play in one again someday," says Chad Svendsen, LHA coaches team player. "It was neat watching how smoothly they could move the puck around in our zone."

LHA Coaches

- Liam McDonald
- Marc Labelle
- Curt Wright
- Jay Lees
- Torey Lomenda
- Matt Mattis
- Jason Schneider
- Marcus Ludtke
- Chris Kohlbeck
- Jay Wilson
- Chris Olson
- Brad Torgerson
- Brian McKinney

- Pat Swetala
- Chad Svendsen
- Tim Boisjolie
- Chad Huson
- Sean Code
- Ian Sandercock-Referee

NHL Alumni

- Joe Dziedzic
- Gordie Roberts
- Brad Maxwell
- Chris Dahlquist
- Jack Carlson
- Tom Youngmans
- Bob Paradise
- Shjon Podein
- Brian Bonin
- Tom Chorske
- Sean Toomey
- Steve Dowling



Special thanks to those who attended and the following for their support of the event.

- Acceleration Elite
- Tim Parkos
- Babe's Music Bar
- Mark Streefland
- Liam McDonald – Rink Rats
- The Print Shoppe
- Brett Benson
- LHA Volunteers
- LHA Coaches
- NHL Alumni
- Shayne Ratcliff, arena manager, and staff
- LHA Board

Date Night

Play Bingo and Pull Tabs

The Lakeville Hockey Boosters is a state-licensed charitable gambling operation.

Please patronize the following establishments to help support Lakeville Hockey. The LHA has an agreement with the City of Lakeville to use charitable gambling profits to retire long-term debt on the Lakeville Ames Arena.

New! Babe's Music Bar

20685 Holyoke Ave.
Lakeville, Minn.

Pull Tabs

Bingo: Wednesdays, 7 p.m.

Boulder Point Golf Club

9575 Glenborough Drive
Elko/New Market, Minn.

Pull Tabs

Champions at Elko Speedway

26350 France Ave. S
Elko/New Market, Minn.

Pull Tabs

Bingo: Saturdays, 7:15 p.m.

Closed during the winter,
reopens during racing season

The Chart House

11287 Klamath Trail
Lakeville, Minn.

Pull Tabs

Harry's Cafe

20790 Keokuk Avenue
Lakeville, Minn.

Pull Tabs

Ole Piper Inn

16604 Cedar Ave.
Lakeville, Minn.

Pull Tabs

Bingo: Wednesdays, 6:30 p.m.

Saturdays, 1:30 p.m.

Red Fox Tavern

22815 Pillsbury Ave.
Lakeville, Minn.
(1 mile south of 70/I-35 McStop
on east frontage road.)

Pull Tabs

Bingo: Thursdays, 6:30 p.m.

Contact: **Mark Olsen**, gambling manager, LHA, gambling@lakevillehockey.org, 952.484.3787

New Board Member

Marcus Anderson is the new technology director responsible for the LHA website, who specializes in web design and development, social media, search engine optimization (SEO), marketing, branding and identity, database management and more. Anderson is currently a marketing strategist for Interactive Media at Priority Results and is also a freelance writer for BlogConsulting.com. Previously, he worked at West Publishing Company (Thomson Reuters) for 23 years as a webmaster and social media and eLearning marketer. If you have any questions, please contact him at technologydirector@lakevillehockey.org.



LHA Sponsors

Thanks to all of you who have helped us find new sponsors. We still need help to achieve sponsorship for all our teams going into next season, so LHA will offer a team credit to

those who recruit sponsors. For each sponsor you or your team recruits, your child's team will receive 30% of the credit.

If you would like to find out more about the levels of sponsorship or have a company interested in becoming a sponsor, please visit the Sponsors page on the LHA website.

Contact: **Steve Papacek**, sponsorship director, 952.221.2049, sponsorshipdirector@lakevillehockey.org

Titanium Level Sponsor

Acceleration Minnesota
Arnold Orthodontics
Cosmopolitan Orthodontics
Lakeville Orthodontics
Lunneborg Insurance Agency Auto and Home Insurance Broker
Metro Sales, Inc.
Rink Rat Hockey School
The Print Shop
Westwood Sports

Gold Level Sponsors

Allstate Insurance - Mark Brodin Agency
Crystal Lake Golf Course
Lakeview Bank
Lakeville Athletics
Moore Fun Party Rental
The Sports Source
The Travel Authority
Valley Chiropractic Associates
Varsity Sports

Silver Level Sponsors

Advocate Nutritional Products
Airlake Automotive Repair
CGT Ltd.
Comfort Inn
Fowler Construction
Jonathan Zweber State Farm Insurance Agency
Total Hockey Minnesota
Uponsor

Platinum Level Sponsors

Anchor Bank
EmbroidMe
Mobile-Link Wireless
Patterson Dental

Bronze Level Sponsors

Blue Line Medical Services



Mark Your Calendar

Check out our online LHA Calendar located on the right side of the LHA website.

April 6: Deadline to Declare Candidacy for LHA Board of Directors

April 13: LHA Board Elections/ Annual Meeting, 7 p.m.,
Location: Kenwood Trail Middle School

May 11: LHA Board Meeting, 7 p.m., Ames Conference Room (open to all LHA members)

May 20-June 3 (M-F except May 30):
Mite/U8 Clinic, Ames Arena
Levels I and II: 5:30 p.m.
Levels III: 6:45 p.m.

June 8: LHA Board Meeting, 7 p.m., Ames Conference Room (open to all LHA members)

July 13: LHA Board Meeting, 7 p.m., Ames Conference Room (open to all LHA members)

July 26 – Sept. 1:
Summer Development Program, Ames Arena
Squirt: 1:30 p.m.
PeeWee: 2:45 p.m.
Bantam: 4 p.m.

Aug. 10: LHA Board Meeting, 7 p.m., Ames Conference Room (open to all LHA members)

Aug. 31: 2010-2011 USA Hockey registrations expire; renew for 2011-2012 season

Contributors

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